

DEPARTMENT OF PHYSICAL EDUCATION



The department of physical education GDC BANAJR held its first class in the year 2019-20 with an aim to provide overall fitness of the students and to deliver top quality education through modernized teaching techniques. Modernized Teaching methodology emphasis on skill development may it be any game, sports or the conduct of various academic or sports activities. Students are exposed to real industry situations through visits and trainings in sports industries and teaching institutes. Regular activities are organized to enhance event management skill of the students.

Physical Education department is an essential ingredient of good education because it is concerned with that aspect of the needs of the students which are necessary for his/her all round development through games, reports and physical exercises. As the department of physical education is also essential for the development of a balanced personality with better qualities of courage, tolerance, hard-work and team spirit.

Specific outcomes:

- All Round Development
- Leadership
- Personality Development
- Skill Development
- Social Adjustment

FACULTY PROFILE



NAME	DESIGNATION	CONTACT NUMBER	E-MAIL ID
MS. JYOTI BALA	ASSISTANT PROFESSOR	94183-39365	jyotigupta11p@gmail.com

COURSES OFFERED IN DEPARTMENT

YEAR	COURSE CODE	COURSE TYPE	COURSE NAME
B.A 1st Year	PED101TH	Core Course	Introduction to Physical Education
B.A 1st Year	PED102TH	Core Course	Olympic Movement & Organisation of Tournaments
B.A 2nd Year	PED201TH	Core Course	Human Anatomy & Physiology
B.A 2nd Year	PED202TH	Core Course	Sports Psychology
B.A 2nd Year	PED203TH	SE Course	Sports Medicine, Physiotherapy & Rehabilitation
B.A 2nd Year	PED204TH	SE Course	Sports Training
B.A 3rd Year	PED305TH	DSE Course	Recreation
B.A 3rd Year	PED307TH	DSE Course	Method of Teaching In Physical Education
B.A 3rd Year	PED304TH	SE Course	Specialisation in Athletics
B.A 3rd Year	PED309TH	GE Course-2	Health Education and Nutrition
B.A 3rd Year	PED310TH	GE Course-2	Yoga

CLASS-WISE STRENGTH FOR THR SESSION 2020-2021:

YEAR	STRENGTH
1st Year	15
2ND Year	55
3RD YEAR	--
GENERIC 2019-20	158
GENERIC 2020-21	100

- ❖ Intramural
- ❖ Inter faculty competitions
- ❖ Friendly matches

WITHIN THE CAMPUS WE HAVE FACILITIES

- ❖ 12 station GYM
- ❖ Boxing Ring
- ❖ Kabaddi Mat
- ❖ Table Tennis

ACHIEVEMENTS

- ❖ Bronze medal in Inter College Boxing Championship (2017-2018)
Hira chuchan
- ❖ Silver medal Inter College Boxing Championship (2018-2019)
Gopal singh
- ❖ Bronze medal in Inter College Boxing Championship (2018-2019)
Bhuvneshwari

DEPARTMENT OF PHYSICAL EDUCATION

PHYSICAL EDUCATION & HEALTH EDUCATION



PHYSICAL EDUCATION & SPORTS RECREATION



MOTIVATIONAL BIOPIC BY PHYSICAL EDUCATION DEPARTMENT



18th ANNUAL ATHLETIC MEET 2019-20





NATIONAL SPORTS DAY CELEBRATION 2019-20



