

## **CURRICULUM VITAE**

### **Dr. Sarwan Kumar**

Assistant Professor (Economics)

Father's Name: Late Sh. Sonam Norbu

Mother's Name: Smt. Dolma Devi

Date of Birth: 16<sup>th</sup> June 1983

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### **CAREER OBJECTIVE:**

- ❖ My mission is to work hard to the best of my ability, so that valuable professional contribution is made to an organization.

### **TEACHING PROFILE:**

- ❖ Govt. Degree College Banjar, Distt.–Kullu, (H.P.) 28<sup>th</sup> June, 2022 - Present.
- ❖ Govt. Degree College Arki, Distt.–Solan, (H.P.) 16<sup>th</sup> February, 2019 – 27<sup>th</sup> June, 2022.
- ❖ Department of Interdisciplinary Studied, H.P. University Shimla (H.P.) 01<sup>st</sup> July, 2017 – 30<sup>th</sup> June, 2018. (Guest Faculty).
- ❖ Shyam Lal College (E), University of Delhi, New Delhi. 26<sup>th</sup> October, 2012 – 22<sup>nd</sup> May, 2013. (Ad-hoc).
- ❖ Govt. Degree College Haripur at Manali, Distt.–Kullu, (H.P.) 04<sup>th</sup> September, 2008 – 13<sup>th</sup> February, 2010. (Period Basis).

## **ACADEMIC QUALIFICATIONS:**

- ❖ Ph.D. in Economics from H. P. University Shimla (31<sup>st</sup> August, 2020).  
Title of Thesis: “**Dimensions of Inequality in Tribal Areas of Himachal Pradesh: A Case Study of District Lahaul and Spiti**”.
- ❖ Advanced Diploma in Bhoti Language from H.P. University Shimla (**Gold Medalist**) (2011).
- ❖ Diploma in Bhoti Language from H.P. University Shimla (2010).
- ❖ Certificate in Bhoti Language from H.P. University Shimla (2009).
- ❖ PG Diploma in Tribal Studies from H.P. University Shimla (2008).
- ❖ Diploma in Yoga Studies from H.P. University Shimla (2007).
- ❖ M.A in Economics from H.P. University Shimla (2007).
- ❖ B.A. from Govt. Degree College Kullu (2005).
- ❖ 12<sup>th</sup> from Govt. Senior Secondary School Manali (2001).
- ❖ 10<sup>th</sup> from Govt. Senior Secondary School Manali (1999).

## **OTHER QUALIFICATIONS:**

- ❖ Basic Mountaineering course from ABVIMAS Manali (H.P.) (1<sup>st</sup> to 26<sup>th</sup> May, 2003).
- ❖ Advance Mountaineering course from ABVIMAS Manali (H.P.) (29<sup>th</sup> June to 26<sup>th</sup> July, 2003) and successfully climbed **CB-13 Peak (6264 Mtrs.)** the Highest peak of Chandra-Bhaga Mountain range in Spiti Valley (H.P.).
- ❖ M.O.I. (Method of Instruction) Mountaineering course from ABVIMAS Manali (H.P.) (29<sup>th</sup> September to 26<sup>th</sup> October, 2003).
- ❖ B certificate in NCC (Army Wing) under 2 HP BN NCC Mandi Unit (H.P.) (28<sup>th</sup> July 2004).
- ❖ Vani Certificate Course from Prasar Bharati (Broadcasting Corporation of India) at All India Radio (AIR) Shimla (H.P.) (10<sup>th</sup> to 14<sup>th</sup> July, 2006).
- ❖ UGC NET qualified in Economics 2007, 2008, 2009 & 2011.
- ❖ HP SLET qualified in Economics 2007, 2016.

## **WORKSHOPS & SEMINARS ATTENDED:**

- ❖ 21 Days “Basic Level Workshop on Manuscriptology & Paleography” jointly organized by National Mission for Manuscript New Delhi and Himachal Academy of Art, Culture and Language Shimla (H.P.) from 4<sup>th</sup> to 24<sup>th</sup> May, 2011.
- ❖ Two Days State Level Seminar on “History of Tribes in Himachal Pradesh” organized by Akhil Bhartiya Itihas Sankalan Samiti, Himachal Pradesh at Kullu (H.P.) on 12<sup>th</sup> and 13<sup>th</sup> November, 2011.
- ❖ One Week Basic Training Workshop on “Qualitative Methods & Techniques in Social Science Research” organized by Indian Council of Social Science Research, Punjab University, Chandigarh, Commencing from 5<sup>th</sup> December, 2011.
- ❖ Five Days Winter School on “Visioning India’s Role in Globalising world” organized by Doon University, Kedarpur, P.O. Ajabpur, Dehradun (Uttarakhand) from 14<sup>th</sup> to 18<sup>th</sup> December, 2011.
- ❖ One Week Basic Training Workshop on “Quantitative Methods & Techniques in Social Science Research” organized by Indian Council of Social Science Research, Punjab University, Chandigarh, Commencing from 19<sup>th</sup> March, 2012.
- ❖ Two days International seminar on “History of Buddhism in Lahaul” organized by Lahul Mahabodhi Sabha (Regd.) Keylong, Distt.- Lahaul & Spiti (H.P.) on 12<sup>th</sup> and 13<sup>th</sup> August, 2012.
- ❖ Three Days International Seminar on “Tribal Language Zang – Zung (Kinnar-Kiranti) & Culture of Himachal Pradesh” organized by Rinchen-Zangpo, Literary & Cultural Society, Lahaul & Spiti and Yung Drung Bon Monastic Centre Society, Dholanji, Distt.- Sirmour (H.P.) from 6<sup>th</sup> to 8<sup>th</sup> September, 2012.
- ❖ One Day National Seminar on “Biodiversity, Green Economy and Sustainable Mountain Development” organized by Institute of Integrated Himalayan Studies, H.P. University Shimla on 22<sup>nd</sup> September, 2012.
- ❖ Two days International seminar on “Exploring Gandhian World Order” at North Campus, University of Delhi, organized by Shyam Lal College (Eve.) on 28<sup>th</sup> and 29<sup>th</sup> January, 2013.

- ❖ Three Days National Seminar on “Different Aspects of Buddhist Art and Culture” jointly organized by Lok Jyoti Bauddh Vihar, Gemur, Distt. –Lahaul and Spiti (H.P.) and Dolma Foundation New Delhi from 12<sup>th</sup> to 14<sup>th</sup> October, 2014.
- ❖ Seven Days “Refresher Course in Methodology of Educational Research” organized by Abhilashi P.G. College of Education, Ner-Chowk, Mandi (H.P.) from 6<sup>th</sup> to 12<sup>th</sup> January, 2015.
- ❖ Three Days National Seminar on “Itihas Lekhan main Lokgathaon ka Yogdan” organized by Thakur Jagdev Chand Memorial Research Institute Neri, Hamirpur (H.P.) from 2<sup>nd</sup> to 4<sup>th</sup> October, 2015.
- ❖ Three Days National Seminar on “Praniyon ka Dukhnivaran aur Bauddh Dharm” organized by Dagpo Shedrupling Monastery, VPO – Kais, Distt. – Kullu (H.P.) from 10<sup>th</sup> to 12<sup>th</sup> June, 2016.
- ❖ Two Days Workshop on Curriculum Development in Rural Management and Rural Engagement on 22<sup>nd</sup> and 23<sup>rd</sup> March, 2018 organized by National Council of Rural Institutes, Hyderabad in collaboration with Department of Interdisciplinary Studies, H.P. University Shimla -05 (H.P.)
- ❖ Seven Days Faculty Development Programme for Rural Management Professionals (Interdisciplinary Programme) from 24<sup>th</sup> to 30<sup>th</sup> March, 2018 organized by National Council of Rural Institutes, Hyderabad in collaboration with Department of Interdisciplinary Studies, H.P. University Shimla -05 (H.P.)
- ❖ Twelve Days Off-Campus Outreach Certificate Programme on “Remote Sensing and Geographical Information System (RS & GIS) Applications in Water Resources” conducted by Indian Institute of Remote Sensing, Indian Space Research Organization from 16<sup>th</sup> to 27<sup>th</sup> April, 2018.
- ❖ One Day IIRS Outreach Programme cum Online Workshop on “Use of RS & GIS in Hydro metrological Disaster Management” conducted by Indian Institute of Remote Sensing, Indian Space Research Organization on 15th May, 2018.
- ❖ Seven Days Online AICTE Recognized Faculty Development Programme on “Role of Teachers and Educational Institutions in Unnat Bharat Abhiyan (UBA)” from 18<sup>th</sup> to 22<sup>nd</sup> May, 2020 organized by Rural Development Department, NITTTR, Chandigarh.

- ❖ Four Weeks Online Induction/ Orientation Programme for Faculty in Universities/ College/ Institutes of Higher Education from 20<sup>th</sup> April, 2022 to 19<sup>th</sup> May, 2022 and obtained “A” Grade organized by Teaching and Learning Centre Ramanujan College, University of Delhi under the aegis of ministry of education, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching.
- ❖ Four Days National Conference of Indian Himalayan States and Union Territories related to Sustainable Mountain Development Summit XI on the theme of “Harnessing Tourism for Sustainable Mountain Development” from 09<sup>th</sup> to 12<sup>th</sup> October, 2022 at Sindhu Sanskriti Kendra Leh-Ladakh organized by Integrated Mountain Initiative (IMI) in collaboration with Ladakh Autonomous Hill Development Council (LAHDC), Administration of UT Ladakh and Sustainable Development Forum of Ladakh (SDFL).
- ❖ Two Days National Seminar on “National Education Policy-2020 and Importance of Bhoti Language” organized by Himalayan Buddhist Cultural Association, Manali (H.P.) in collaboration with Himalayan Buddhist Cultural Association, Delhi at Himalayan Buddhist Cultural School Manali (H.P.) from 29<sup>th</sup> to 30<sup>th</sup> October, 2022 and presented a paper on the topic of “Bhoti: Its Origin and Development” during second session of the seminar.
- ❖ One Day National Conference on “Culture, Science, Spirituality & Education” organized by Govt. Degree College Bassa (Gohar), Mandi (H.P.) in association with Pratibha Spandan Society, Shimla (H.P.) on 23<sup>rd</sup> December, 2022 and presented a paper on the topic of “Vipassana: A way of self transformation” during first session of the conference.
- ❖ One Day National Conference on “Re-Tracing the Source in the Footsteps of Acharyas from Nalanda to Himalaya and Beyond” organized by National Himalayan Council of Nalanda Buddhist Tradition on 05<sup>th</sup> February, 2023 at Rewalsar (Tsopema), District-Mandi (H.P.) and conducted the conference as a stage secretary or moderator.

### **PUBLICATIONS:**

- ❖ **Book:** “Distribution of Household Assets and resultant Pattern: A Study of Naggar Block of District Kullu, Himachal Pradesh”, LAP (Lambert Academic publishing), Germany, 2012, (ISBN: 978-3-8484-9975-5).

- ❖ **Child Book:** “Sangam: Lahauli Lok Kathayen” (Hindi), Collection of Folk Tails, (2012), Published by Pratichi (India) Trust, A 708, Aanand Lok, Mayur Vihar-I, Delhi-110091.
- ❖ **Chapters in Book:** Himachal Pradesh Janjateeya Lok Kathayen: Folk Tails of Pangi, Bharmour, Lahul-Spiti & Kinnaur” (Hindi), Published by Secretary, Himachal Academy of Art, Culture and Languages, Shimla-171001, (H.P.), 2020, pp. 85-126.
- ❖ **Article:** “Lahauli Lok Devi – Mata Lhebhe” (Hindi) Published in Magazine “Soms” Published by Himachal Art Culture and Language Academy, Shimla in October-December, 2012, No. 146, pp. 21-25.
- ❖ **Article:** “Aalaukik Vivah Gatha main Shiv – Lahaul ke Sandarbh main” (Hindi) Published in Magazine “Himanjali” Published by Indian Institute of Advanced Study, Shimla in July-December, 2018, No. 18, pp. 84-89, ISSN: 2349-4905.
- ❖ **Review of Book:** “Pashchimi Himalayi Sanskar Evam Krishi Sanskriti: Kinnaur ke Aalok main” (Hindi) Published in Magazine “Himanjali” Published by Indian Institute of Advanced Study, Shimla in July-December, 2019, No. 20, pp. 83-84, ISSN: 2349-4905.
- ❖ **Article/ Travelogue:** “Mani Mahesh Yatra” (Hindi) Published in Aastha Magazine, Divya Himachal Hindi News Paper, Dharamshala (H.P.) from 24<sup>th</sup> July to 2<sup>nd</sup> October, 2010 (11 Volumes).
- ❖ **Article/ Travelogue:** “Neel Kanth Yatra” (Hindi) Published in Aastha Magazine, Divya Himachal Hindi News Paper, Dharamshala (H.P.) from 29<sup>th</sup> January to 23<sup>rd</sup> April, 2011 (12 Volumes).
- ❖ **Article/ Travelogue:** “Saptdhara” (Hindi) Published in Aastha Magazine, Divya Himachal Hindi News Paper, Dharamshala (H.P.) from 12<sup>th</sup> November 2011 to 10<sup>th</sup> March, 2012 (16 volumes).
- ❖ **Article/ Travelogue:** “Kinnar-Kailash Yatra” (Hindi) Published in Aastha Magazine, Divya Himachal Hindi News Paper, Dharamshala (H.P.) on 2012.
- ❖ **Article:** “Dharmik Sauhard ka Prateek: Dil-Bu-Ree” (Hindi) Published in Giriraj Weekly, Shimla, (H.P.) from 31<sup>st</sup> October to 6<sup>th</sup> November, 2012.
- ❖ **Article:** “Kanya Bhroon Hatya Mahapap” (Lahauli) Published in Pahadi Bhasha Kanne Sahitya Lok Manch, Giriraj Weekly, Shimla, (H.P.) from 6<sup>th</sup> to 12<sup>th</sup> June, 2012.

- ❖ **Poems:** “Paryavaran-e-Hende & Kamyabiu Am” (Lahauli) Published in Pahadi Bhasha Kanne Sahitya Lok Manch, Giriraj Weekly, Shimla, (H.P.) from 16<sup>th</sup> to 22<sup>nd</sup> June, 2010.
- ❖ **Poem:** “Paryavaran Hor Aase” (Kulluvi) Published in Pahadi Bhasha Kanne Sahitya Lok Manch, Giriraj Weekly, Shimla, (H.P.) from 13<sup>th</sup> to 19<sup>th</sup> October, 2010.
- ❖ **Poem:** “Chandra aur Bhaga” (Hindi) Published in Giriraj Weekly, Shimla, (H.P.) from 6<sup>th</sup> to 12<sup>th</sup> June, 2012.
- ❖ **Articles, Poems & Stories:** Published (Hindi & Lahauli) in Magazines (Chandartal, Nyingtonam, Kunzom, Temdel, Piti-e-Lon & Zangtsam).

### **RETREATS ATTENDED:**

- ❖ Five Days Three Indian Buddhist Retreats organized by Deer Park Institute Bir, District-Kangra (H.P.) 176077, India.
- ❖ Ten Days Vipassana Course from 01-12 January, 2020 at Dhamma Dhaja, Vipassana Centre Hoshiarpur (Punjab) India.
- ❖ Ten Days Vipassana Course from 13-24 January, 2021 at Dhamma Karunika, Vipassana Centre Karnal (Haryana) India.
- ❖ Three Days Vipassana Course from 01-04 September, 2022 at Dhamma Dhaja, Vipassana Centre Hoshiarpur (Punjab) India.
- ❖ Ten Days Vipassana Course as Dhamma Server from 04-15 January, 2023 at Dhamma Dhaja, Vipassana Centre Hoshiarpur (Punjab) India.

### **MISCELLANEOUS WORKS & INITIATIVES:**

- ❖ Causal Announcer in All India Radio Shimla (Lahaul-Spiti Dialect Section) from 20<sup>th</sup> August, 2006 to 31<sup>st</sup> March, 2022.
- ❖ Field Investigator in Research Project “The Language Use in Kinnaur District (H.P.)” conducted by Central Institute of Indian Languages, Govt. of India, Urdu Teaching and Research Centre, Saproon, Solan (H.P.) from 10<sup>th</sup> October, 2011 to 25<sup>th</sup> November, 2011.
- ❖ Successfully completed oral translation series of famous Buddhist Scripture “Dhammpada” from Pali/Hindi to Lahauli Dialect, broadcasted by All India Radio

Shimla in its Lahauli Dialect Programme continue in every three days of a week from 2015 to 2017.

- ❖ Hosting as a Stage Coordinator in State Level Event “Thank You Himachal” organized by Chief Representative Office, Shimla, Central Tibetan Administration, A Unit of His Holiness the Dalai Lama’s Central Tibetan Relief Committee at the Ridge Shimla on 15<sup>th</sup> October, 2018 (<https://youtu.be/6bKSDUSb5KA>).
- ❖ Appreciation Letter by Chief Representative, Central Tibetan Administration Unit Shimla for Performing as a Stage Coordinator in State Level Event “Thank You Himachal” organized by Chief Representative Office, Shimla, Central Tibetan Administration, A Unit of His Holiness the Dalai Lama’s Central Tibetan Relief Committee at the Ridge Shimla on 15<sup>th</sup> October, 2018.
- ❖ Served as Presiding Officer of Polling Party no. 17 during General Parliamentary (*Lok Sabha*) Elections in 4-Shimla (SC) Parliamentary Constituencies at Polling Station no. 33-Ded of 53-Solan (SC) Legislative Assembly Constituency at *Panchayat Ghar* of *Gram Panchayat Mahi* on 19<sup>th</sup> May 2019 (Sunday).
- ❖ Served as Counting Supervisor during H.P. Legislative Assembly (*Vidhan Sabha*) By-Elections in 50-Arki Assembly Constituency on 2<sup>nd</sup> November 2021 (Tuesday) at Govt. Senior Secondary School (Boys) Arki.
- ❖ Organized One Day National Webinar on “Interdependent Origination and COVID-19” in collaboration with Physical Education Department, Govt. Degree College Arki on 17<sup>th</sup> June, 2020.
- ❖ Arranged Multidisciplinary Online Lecture Series of 42 Lectures by Teachers, Scholars and Students of different disciplines at Google Meet Platform during COVID-19 Pandemic Period from 26<sup>th</sup> September, 2020 to 13<sup>th</sup> February, 2021.
- ❖ Served as Presiding Officer of Polling Party no. 12 during H.P. Legislative Assembly (*Vidhan Sabha*) General Elections on 12<sup>th</sup> November 2022 (Saturday) at Polling Station no. 44-Chowai of 25-Anni (SC) Legislative Assembly Constituency at Govt. Senior Secondary School Chowai.



## **NATIONAL SERVICE SCHEME (NSS) WORKING PROFILE:**

- ❖ Programme Officer, National Service Scheme (NSS) at Govt. Degree College Arki (Solan) from 21<sup>st</sup> October, 2020 to 22<sup>nd</sup> July, 2022.
- ❖ Attended Seven Days Orientation Training Programme for the NSS Programme Officers of Himachal Pradesh from 07<sup>th</sup> to 13<sup>th</sup> March, 2022 organized by Rajiv Gandhi National Institute of Youth Development, Regional Centre, Institution of National Importance by the Act of Parliament No. 35/2012, Ministry of Youth Affairs and Sports, Govt. of India, Sector-12, Chandigarh-160012.
- ❖ NSS Unit of Govt. Degree College Arki (Solan) observed best performer NSS Unit in “Swachh Bharat Karyakram (1<sup>st</sup> to 31<sup>st</sup> October, 2021)” at District Level and Awarded District Level Best NSS Unit Prize by Nodal Agency Nehru Yuva Kendra Sangathan (NYKS) Solan on 15<sup>th</sup> November, 2021.
- ❖ Conducted Two NSS Special Residential Camps on 7<sup>th</sup> to 13<sup>th</sup> March, 2021 & 24<sup>th</sup> to 30<sup>th</sup> December, 2021 in college campus.
- ❖ Maintained Activity Records, Stock Registers and conducted proper Annual Audit by CA.
- ❖ NSS Volunteer Ms. Rajani of B.A.-III Year attended Pre-RD Camp at Rajpura (Punjab)-2020.
- ❖ NSS Volunteer Mr. Nikhil of B.A.-III Year attended Pre-RD Camp at Jaipur (Rajasthan)-2021.
- ❖ NSS Volunteer Ms. Chetna of B.Sc.-II Year selected for National Youth Festival held at Pondicherry -2022.
- ❖ Programme Officer, National Service Scheme (NSS) at Govt. Degree College Banjar (Kullu) from 26<sup>th</sup> July, 2022 to till dated.
- ❖ Attended Five Days Special Training Programme on “Training of Trainers on Life Skills Education” for the NSS Programme Officers of Himachal Pradesh and Punjab from 20<sup>th</sup> to 24<sup>th</sup> September, 2022 organized by Rajiv Gandhi National Institute of Youth Development, Regional Centre, Institution of National Importance by the Act of Parliament No. 35/2012, Ministry of Youth Affairs and Sports, Govt. of India, Sector-12, Chandigarh-160012.

- ❖ NSS Volunteer Ms. Omrita Sethi of B.Sc.-III Year attended Pre-RD Camp at Phagwara (Punjab)-2022.
- ❖ NSS Volunteers Mr. Naresh Kumar and Ms. Himani Negi of B.A.-III Year attended National Integration Camp (NIC) at Patiala (Punjab)-2023.

### **RED RIBBON CLUB (RRC) WORKING PROFILE:**

- ❖ Nodal Officer, Red Ribbon Club (RRC) at Govt. Degree College Arki (Solan) from 21<sup>st</sup> October, 2020 to 22<sup>nd</sup> July, 2022.
- ❖ Attended One Day Training Programme for the Nodal Officers of Red Ribbon Clubs of District-Solan on 10<sup>th</sup> September, 2019 organized by State AIDS Control Society, Department of Health and family Welfare, Solan (H.P.).
- ❖ RRC Unit of Govt. Degree College Arki (Solan) observed best student motivator, activities performer and fund utilizer RRC Unit in “Aazadi ka Amrit Mahotsav-2021” at State Level in Himachal Pradesh and Awarded State Level Best RRC Unit Prize by Hon’ble Health and Family Welfare Minister Shri Rajiv Sehgal on 8<sup>th</sup> March, 2022 at Chaura Maidan Shimla.

### **ROAD SAFETY CLUB (RSC) WORKING PROFILE:**

- ❖ Nodal Officer, Road Safety Club (RSC) at Govt. Degree College Arki (Solan) from 18<sup>th</sup> February, 2022 to 22<sup>nd</sup> July, 2022.
- ❖ Conducted Road Safety Rally and Multidimensional Activities for students.
- ❖ Maintained Activity Records & Stock Registers Properly.

### **OTHER CHARGES:**

- ❖ Co-ordinator, Add-on-Courses in Computer Applications at Govt. Degree College Arki (Solan) from 23<sup>rd</sup> August, 2019 to 21<sup>st</sup> December, 2021.
- ❖ In charge, IT Lab at Govt. Degree College Arki (Solan) from 23<sup>rd</sup> August, 2019 to 21<sup>st</sup> December, 2021.
- ❖ In charge, IT Lab at Govt. Degree College Banjar (Kullu) from 12<sup>th</sup> July, 2022 to till dated.

### **LECTURES DELIVERED:**

- ❖ An Interactive Lecture with PPT Presentation on the Topic of “Value of Education” at Govt. Senior Secondary School Manali (Kullu) 2019.
- ❖ A Motivational Lecture with PPT Presentation on the Topic of “Value of Education” at Govt. Senior Secondary School Gaushal at Bahang (Kullu) 2019.
- ❖ An Interactive & Motivational Lecture with PPT Presentation on the Topic of “Value of Education” at Govt. Senior Secondary School Katrain (Kullu) 2019.
- ❖ A Guest Lecture with PPT Presentation on the Topic of “Value of Education and Resource Utilization” at T.S. Negi Govt. Degree College Reckong Pio (Kinnaur) on 10<sup>th</sup> October 2019.
- ❖ Participated as a Resource Person and Delivered a Lecture with PPT Presentation on the Topic of “Role of Yoga and Meditation for Effective Stress Management” at S.C.E.R.T. (Solan) on 26<sup>th</sup> September, 2019.
- ❖ Participated as a Resource Person and Delivered a Lecture with PPT Presentation & Practical Activities on the Topic of “Economics of Drug Abuse” at S.C.E.R.T. (Solan) on 24<sup>th</sup> February, 2023.

### **MEMBERSHIPS:**

- ❖ Former General Secretary, Indo-Tibetan Friendship Society, Shimla (H.P.) India.
- ❖ Former Secretary, Kinnaur, Lahaul-Spiti Bauddh Sewa Sangh (Regd.), Shimla (H.P.) India.