

Women Cell GDC Banjar
Report of Activities organised on International Women's Day
Dated: 08-03-2022

International Women's Day was celebrated on 8th March by the Women's Cell of GDC Banjar. 'Gender Equality Today, for a Sustainable Tomorrow' is this year's UN theme for International Women's Day. Mrs. Neeraj Kapoor, Principal GDC Banjar, was the Chief Guest of this function. Dr. Satyabrat Vaidya, Dr. Reema Ghai and a team of paramedical staff was invited to arrange Blood and Haemoglobin testing and eye testing for college students. Dr. Satyabrat Vaidya, District Programme Officer cum Nodal Officer Addiction Treatment Facility Kullu, is specialized in the fields of Addiction medicine, psychiatry and psychosexual medicine from the National Institute of Mental Health and Neurosciences Bangalore. He is the state trainer for Medical Officers for adolescent health. Dr. Reema Ghai is Medical Officer and incharge Nirog Clinic Regional Hospital Kullu.

Prof. Neeraj Kapoor, the Chief Guest welcomed the team of doctors and congratulated all on Women's Day. She said that society should be sensitive towards women issues. Globally, women are excelling in all areas such as social, cultural, economic, political and in the arena of sports.

In her opening address Dr. Renuka Thapliyal, the coordinator of cell focussed on gender issues such as: Women are poorer, more illiterate, earn less, and own less property than men. She further elaborated that there are N..... no. of schemes run by the government for women empowerment, when we talk about certain indicators of gender equality and status of women, like sex ratio and work participation, it seems that females were being discriminated against. She emphasized on the fact that Women empowerment lies in gender equality meaning equal rights, opportunities, distribution of power, financial independence, equal access to education and the opportunity to develop personal ambitions.

Dr. Vaidya delivered lecture on Drug De-addiction and Mental Health where as Dr. Reema Ghai spoke on general health and personal hygiene with a focus on menstrual health. Both the lectures were very interesting and informative. There was an interactive session for students where a number of questions were asked by the students and were duly addressed by the doctors.

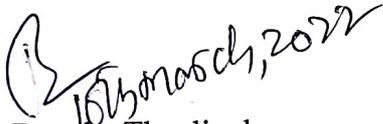
Around 300 students were present in this function. 75 students were tested for haemoglobin and 63 for eye test.

Poster-making and slogan writing competitions were also organized in which 35 students participated. The themes of these competitions were:

1. "Equality today for a sustainable tomorrow"
2. "Women Empowerment"
3. "To Educate a Woman is to Educate an Entire Generation"

In slogan writing competition Durgeshwari bagged first prize, Palavi Thakur second and Virender Kumar stood third. In poster making competition Lokesh Thakur got first position, Rohit second and Yukta Thakur stood at third position.

The women staff of college was honoured by the senior most Professor and Vice Principal Dr. J.S. Thakur for their contribution in college activities. In the end the Principal thanked the guests, students, college staff and coordinator of the Women's cell. All the staff members of college were present in the function.


Dr. Renuka Thapliyal
Coordinator Women's Cell


Principal
GDC Banjar

Principal
Government Degree College
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